CFMS Application package

**Applicant Bio (250 words)**

I am currently a medical student at the University of Alberta (c2026). I have completed a Master of Biomedical Technology (MBT) at the University of Calgary and a BSc. in psychology.

I have previous experience working with the CFMS through my role as VP External in the Medical Students Association. With my time working with the CFMS, I have gained an appreciation of how the organization operates and the value they provide to schools across Canada. I have also identified areas in which more work can be done to streamline communication and improve the benefit they provide. These skills and experiences are immensely valuable for this role, and I hope to build on and improve the relationship between CFMS and the Western Region.

Academically, I have experience in cardiology, cancer, and psychology research which improved my presentation skills and writing abilities. Through various extracurriculars, I gained valuable leadership, teamwork, and management experience. Further, my positions as an Operations Manager and Support Line Volunteer have bolstered my communication capabilities and interpersonal skills.

Outside of school, my interests include sports, running, and reading. I enjoy meeting and collaborating with new people so I think this role would be a great fit for me!

**Platform: Western Regional Director (300 words)**

**Background on Candidate**

My name is Ajay Sidhu (he/him) and I am a student at the University of Alberta. I have served as VP External on the MSA for UofA through which I have built relationships and have experience with the CFMS. This has given me an understanding of the organization, the work they do, pertinent action topics, and areas for improvement.

**Improve Collaboration and Communication in Western Region**

Improving communication between the Western Region schools was the first future direction reported from past WRDs. I would lead frequent, focused round tables between the schools to build connections and allow for greater information sharing and collaboration. I may continue to build on a Western Schools Conference if that is a cost-effective option.

**Western Deans**

Western Deans has been a successful conference in the past as a platform for collective advocacy and policy development impacting medical education. I plan to continue working on it as an integral part of the WRD portfolio. Ensuring that medical education is continuing to improve and focus on student wellbeing/mistreatment, EDI, and Indigenous health.

**Streamlining Communication between CFMS and Western Region**

Effective communication between CFMS and the Western Schools is a point of emphasis. I will advocate for the voices of western medical students to be amplified and represented in national discussions and decision-making processes. Historically, UofA was the most underrepresented school and utilized the CFMS the least. I changed this, and I would ensure the Western Region is involved with the CFMS and informed on the opportunities available to their students.

**Conclusion**

With my experience working with CFMS this past year, I have experience and direction to succeed in this role and build CFMS presence in the. My platform focuses on increasing communication, continuing to improve Western Deans, and advocating for the Western Region.